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### Client Information Form

Name of Client: \_\_\_\_\_ Date: \_\_\_\_\_

Name You Would Like to Be Addressed By: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_  
(Home) (Cell) (Work)

May I leave a message at (please check if YES): \_\_\_\_\_ Home \_\_\_\_\_ Cell \_\_\_\_\_ Work

Email: \_\_\_\_\_

May I send you an email message: \_\_\_\_\_ Yes \_\_\_\_\_ No

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_  
Place of Birth: \_\_\_\_\_ Gender: \_\_\_\_\_

### Family Information:

Marital Status: Single Domestic Partnership Married Separated Divorced Widowed  
(circle)

Your religion: \_\_\_\_\_

Name of Spouse/Partner: \_\_\_\_\_

Children/Others Living in the Home:

Name(s)	Age(s)

Are you pregnant? \_\_\_\_\_

Is your mother living? \_\_\_\_\_  
If not, your age at mother's death: \_\_\_\_\_

Mother's age: \_\_\_\_\_  
Your mother's age at death? \_\_\_\_\_

Is your father living? \_\_\_\_\_  
If not, your age at father's death: \_\_\_\_\_

Father's age: \_\_\_\_\_  
Your father's age at death? \_\_\_\_\_

Number of brothers: \_\_\_\_\_

Number of sisters: \_\_\_\_\_

Your position in the family: \_\_\_\_\_

**Employment:**

Occupation: \_\_\_\_\_

Employer: \_\_\_\_\_

Current Employment:        \_\_\_\_\_ Full-time                                \_\_\_\_\_ Part-time  
   \_\_\_\_\_ Self-employed                                \_\_\_\_\_ Unemployed  
   \_\_\_\_\_ Student    \_\_\_\_\_ Homemaker  
   \_\_\_\_\_ Veteran

**Education:**

Highest level of education attained:

\_\_\_\_\_ Elementary school                                \_\_\_\_\_ Trade school graduate  
\_\_\_\_\_ High school    \_\_\_\_\_ Graduate school  
\_\_\_\_\_ Some college    \_\_\_\_\_ Master's degree  
\_\_\_\_\_ College graduate    \_\_\_\_\_ Doctorate, JD, or MD

**Medical/Mental Health History:**

Please list any current medications (Prescription and Over the Counter):

Medication	Dosage	Prescribed by

Primary Care Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

Date of Last Physical: \_\_\_\_\_

Psychiatrist: \_\_\_\_\_ Phone: \_\_\_\_\_

Please list any specific medical and/or mental health issues: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

How would you rate your current sleep habits? How many hours per night do you sleep? \_\_\_\_\_

\_\_\_\_\_ Poor          \_\_\_\_\_ Satisfactory          \_\_\_\_\_ Good          \_\_\_\_\_ Very good

How many times per week do you generally exercise? \_\_\_\_\_

Do you drink alcohol? \_\_\_\_\_ No          \_\_\_\_\_ Yes          \_\_\_\_\_ Daily          \_\_\_\_\_ 1-2 Times/Week          \_\_\_\_\_ Rarely

Are you currently experiencing any suicidal thoughts? \_\_\_\_\_ Yes          \_\_\_\_\_ No

Have you in the past? \_\_\_\_\_ Yes          \_\_\_\_\_ No

Have you attempted suicide before? \_\_\_\_\_ Yes          \_\_\_\_\_ No

Briefly describe the reason you are here/the problem you are experiencing: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

When did the problem start? \_\_\_\_\_

\_\_\_\_\_

How has the problem impacted your life? \_\_\_\_\_

\_\_\_\_\_

What do you hope to accomplish during your time in counseling? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### **Referral Source:**

How did you hear about me? Referral name: \_\_\_\_\_

Did you come here voluntarily? \_\_\_\_\_ Yes          \_\_\_\_\_ No

**Emergency Contact Information:**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Relationship to You: \_\_\_\_\_

Thank you for taking the time to complete this client information form. I look forward to talking with you about it during our counseling sessions. Is there anything else you would like for me to know about you?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
Client Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian Name Printed (if client is a minor)

\_\_\_\_\_  
Parent/Guardian Signature (if client is a minor)

\_\_\_\_\_  
Date